

Dental
Expressions



Comfort
Menu[®]

*Richard T. Masek, DDS, FAGD
& Associates, Inc.*

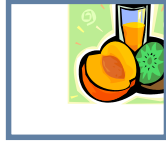


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For Your Comfort



Water (wò-tər) *Colorless and odorless liquid providing refreshment, alleviating dryness. Great for taking medications and supplements. Drink 8 cups a day !!*



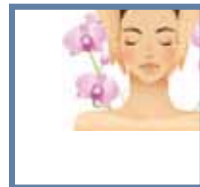
Juice (jūs) *A colored liquid made from fruit extracts. Frequently sweet and served chilled. Ask your assistant for today's selections.*



Coffee (kó'-fē) *Dark colored, hot liquid with or without caffeine. Has a wonderful aroma, providing warmth and pleasure. We fresh brew it just for you! Let us know how you like it. Sorry, not available to those of you who are numb!*



Stretch (strech) *An exercise that releases tension in muscles, i.e. "seventh inning stretch". Helps to break up long visits and revitalize you. Let us know when you need one.*



Jaw Massage (jò mē-'sāzh) *Soft and gentle manipulation of the side of the face and TMJ. A wonderful way to relieve tension in the jaw. Helps to relax sore muscles. Very comforting.*



Restroom (rest'-rüm) *Room or suite providing personal facilities. Sometimes it's good to take a break now and then. Just let us know when you would like to use the "facilities".*



Magazine (ma-gə-zēn) *Reading material that allows you to keep abreast of the world's knowledge and gossip. We have a good, current selection and many books as well. Don't forget to check out Dr. Masek's Highly Esthetic CEREC Solutions book !*



Mouthwash (maúth-wósh) *A flavored and colored liquid designed to give you "pizzazz". Helps freshen breath, frequently resulting in more romance, a better job, more money and living happily ever after. Sounds like a must!*



Materials & Procedures



Porcelain (pòr-s(ə)-lən) Glass or Glass-Ceramic materials used alone or veneered to gold or other metals. Can be used for Veneers, Crowns, Inlays or Onlays. Tooth colored, highly biocompatible, esthetic and natural in appearance. Very durable and long lasting. Porcelain “rocks”

for fillings!



Composite/Resin (kam-paz'-it / rez'-in) Tooth colored filling material suitable for restoring the chewing surface of some back teeth and most front teeth. These fillings are “bonded” to the tooth with advanced adhesives. Frequently, composite fillings are more conservative than their “Silver-Mercury” counterparts. Usually last 4-10 years or more depending on the size and tooth. Can be laboratory processed for greater durability and longevity. Very natural in appearance.



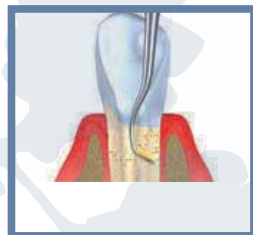
Gold (gōld) A dental standard. Extremely strong and durable. Can be combined (alloyed) with various metals to create properties for specific applications. Frequently used as a core for Porcelain Veneered Crowns. Not very esthetic for teeth, but looks great on fingers, wrists and necks !!!



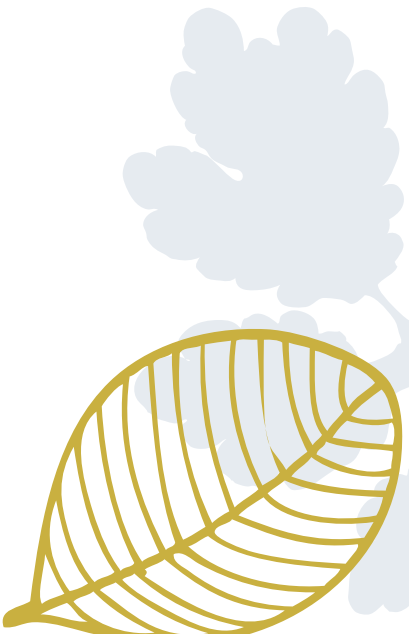
Mercury-Amalgam (ə-'mal-gəm) Silver/Mercury filling material. Contains a variety of metals including Mercury, Silver, Tin, Copper, Zinc and others. A very controversial material due to the potential hazards of Mercury. We do not offer Mercury Amalgam fillings.



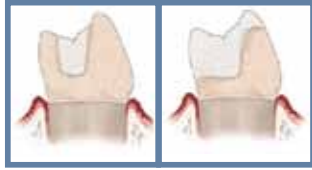
Cleaning (klēn'-ing) A routine Prophylaxis (Prophy) is the removing of stains, plaque and tartar (calculus) from the exposed surfaces of the teeth. It is done when there is no significant inflammatory disease present. When performed regularly (every 3-6 months, as necessary), a Prophy can maintain your oral health and prevent severe health disease. Probably The Most Important Procedure We Offer!



Periodontal Scaling/Root Planing (per-ē-ō-'dän-təl- skāl'ing) A more advanced and involved “form of cleaning”. It is necessary when there is periodontal (gum) disease present. A therapeutic treatment designed to begin eliminating the causes of chronic gum disease by removal of hard material deposits from the surfaces of teeth in the presence of inflamed, infected gum tissue.



Procedures & Services



Inlay/Onlay (in'-lā / on' lā) A very conservative restoration of a broken down tooth or filling replacement. Can sometimes be used instead of a crown, saving more natural tooth.

Can be made with gold but looks lots better with more esthetic composite or CEREC CAD/CAM porcelain materials. "Bonded to the tooth".



Crown (kraŭn) A cap or shell, custom made to fit over a prepared tooth to restore the shape, contour and chewing surface. Made with All-Porcelain, Resin, Gold or other Metals or Porcelain/metal. Protects with a natural look and feel. Using CEREC CAD/CAM, can frequently be completed in one visit with no temporaries or impressions!



Invisalign (in-viz'-ə-līn) A series of aligners individually manufactured with exact calculations to gradually shift teeth into place. Switched out about every two weeks, Invisalign aligners transform appearance and smile without interfering with day-to-day life. Nice alternative to traditional braces.



Whitening (wahyt'-n-ing) Gel applied to the teeth with a brush or trays intended to lighten the color and stains on the teeth. Usually applied overnight or

for an hour a day. Can be applied for rapid lightening in a single visit, called "Power Whitening" or "Power Bleaching". Helps to create a "Dazzling" smile!



Sealant (sē-lənt) Resin material bonded to the chewing surface of newly erupted teeth. Fills in the naturally occurring grooves and pits to help prevent decay and cavities. Sometimes used with adults and a wonderful preventive measure to preserve children's teeth.



Bridge (brij) A fixed replacement of a missing tooth. Restores the chewing surface, fills in the gap and restores the natural appearance.

Keeps the opposing teeth from over-erupting or getting longer. Prevents further tipping of surrounding teeth, possibly leading to TMJ problems. A nice way to replace a removable partial.



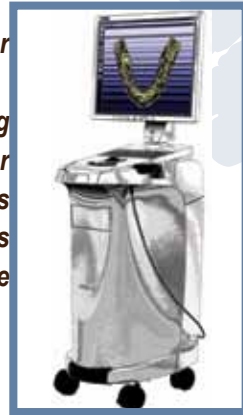
Implant (im'-plant) A device used to replace a single tooth or multiple teeth in a permanent manner with natural feel, appearance and

chewing function. Usually a titanium cylinder placed permanently in the bone, providing a solid, strong restoration. Used with Crowns, Bridges and Dentures.



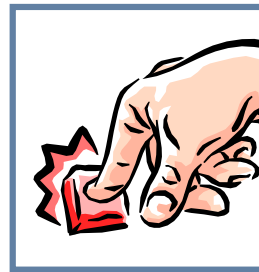
For Your Comfort

CEREC (ser' ek) This marvelous, computer based technology offers some of the strongest, most durable and esthetic restorations for repairing broken down teeth or enhancing smiles. A computer image of the tooth is captured, then a 3D template is designed for a perfect fit. A milling machine makes the restoration from a solid block of porcelain, while you watch! Amazing and very 21st Century. This just might be the ultimate in patient benefits and convenience!



Dental Panic Button™

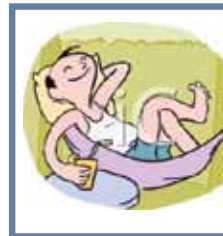
(den-təl pan'ik• bā-tən) Innovative device that gives you control over your dental visit. You can get our attention for any reason during treatment by simply pushing the button to alert us. Great when you need to cough or swallow but can't say, "HEY, WAIT A MINUTE !"



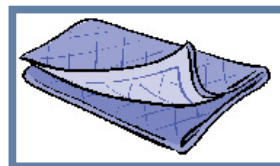
Headphones (hed' fōnz) Earphones held by a band over the head playing music or sound from the CD, TV, Cable or DVD. Great for tuning out sounds you don't want to hear. Bring your own media or choose from our selection.



Nitrous Oxide (nī-trəs äk-sīd) A colorless gas used to create relaxation during treatment. Mixed with oxygen, it has little or no residual effect. If you're uptight at all, this is a great way to go!

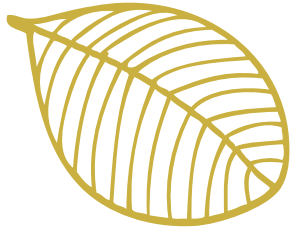


Blanket (blanj'-kət) A heavy, woven covering provided for your comfort during your visit. Keeps you warm and secure. Sometimes accompanied by a Teddy Bear!



Pillow (pi-lō) A case filled with "springy" material used to support the head or back. Nice and soft and makes you feel right at home!





The 21st Century is becoming increasingly de-personalized. We have been reduced to numbers in too many areas of our lives. Personal attention and service seem to be fading into the distance, but not at Dental Expressions!

I want to let you know that my staff and I not only have the most current, High-Tech equipment and services available to you, but at the same time, we provide the PERSONALIZED, CARING ATTENTION that you desire and deserve.

We hope that our unique listing of the Materials, Procedures and Comfort Services will be helpful to you. Let us know if you would like any further information on the Materials and Procedures. I encourage you to make use of the Comfort Services we offer for your convenience and enjoyment.

Dr. Rich Masek & The Dental Expressions Staff

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